

# PRESSURE POINTS

## A Study of the Book of James

### Part 6

## Watch Your Mouth (part 2)

### Getting the Right Kind of Help

TEXT: *James 3:1-12*

A person who is always **encouraging** has a **happy heart**.

A person who **speaks gently** has a **loving heart**.

A person who **speaks truthfully** has an **honest heart**.

### The Cure for an Uncontrollable Tongue:

#### 1. ASK GOD FOR A \_\_\_\_\_.

*Ezekiel 18:31 "Rid yourself of all the offenses you have committed and get a new heart and a new spirit!"*

*2 Corinthians 5:17 "Therefore if any man be in Christ, he is a new person. The old has passed away. Behold all things have become new."*

*Psalms 51:10a "...Create in me a clean heart, O God, and renew a right spirit within me."*

#### 2. ASK GOD FOR \_\_\_\_\_ EVERY DAY.

*Philippians 4:6b "...but in everything by prayer and supplication with thanksgiving let your requests be made known to God."*

*James 3: 6 The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole body, sets the whole course of one's life on fire, and is itself set on fire by hell. 8 but no human being can tame the tongue.*

*Psalms 141:3 "Set a guard over my mouth, O Lord; keep watch over the door of my lips."*

*James 4:2 "You have not simply because you ask not."*

*(CEV) ...because you don't pray."*

*Philippians 4:8 Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy - meditate on these things.*

*Matthew 7:7. "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you."*

#### 3. ASK GOD TO HELP US \_\_\_\_\_ BEFORE WE SPEAK.

*James 1:19 "Everyone should be quick to listen, slow to speak and slow to become angry."*

*Proverbs 23:7a For as a man thinks in his heart, so is he...*

*Jeremiah 24:7. I will give them a heart to know Me, for I am the Lord; and they will be My people, and I will be their God, for they will return to Me with their whole heart.*

*Ezekiel 36:26 Moreover, I will give you a new heart and put a new spirit within you; and I will remove the heart of stone from your flesh and give you a heart of flesh.*

*Romans 12:2. And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.*

*James 3:13 Who is wise and understanding among you? Let them show it by their good life, by deeds done in the humility that comes from wisdom. 14 But if you harbor bitter envy and selfish ambition in your hearts, do not boast about it or deny the truth. 15 Such "wisdom" does not come down from heaven but is earthly, unspiritual, demonic. 16 For where you have envy and selfish ambition, there you find disorder and every evil practice. 17 But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere. 18 Peacemakers who sow in peace reap a harvest of righteousness.*